

In the claims:

1. **(Currently Amended)** A low-force release mechanism comprising: a main structure[[,]]; a trap[[,]]; an internal spring activation element used to eliminate ordinal setup requirement, wherein the internal spring activation element comprises an internal spring pin, an internal spring, and a release pin; at least one trigger[[,]]; and attachments by which a container is attached to said main structure and trap, wherein ~~thean~~ an internal geometry of the trap is used to lock and hold ~~the a~~ a position of said trap[[,]]; a load force is distributed away from the trigger to permit application of a low force for release; and ~~thean~~ an internal release activation element comprising the release pin and one or more ball bearings or slugs interacts with the geometry of the trap to permit the application of the low force on the trigger to cause the internal spring activation element to move ~~thea~~ a position of the container.
2. **(Currently Amended)** The low force release mechanism of claim 1, ~~further~~ wherein the internal release activation element comprises ~~comprising~~ at least one ball bearing to lock and hold the position of the trap.
3. **(Withdrawn)** The low force release mechanism of claim 1, further comprising at least one roller slug to lock and hold the position of the trap.
4. **(Currently Amended)** The low force release mechanism of claim 1, ~~further~~ wherein the internal release activation element comprises ~~comprising~~ low frictional ball bearings to lock and hold the position of the trap.
5. **(Currently Amended)** The low force release mechanism of claim 1, further comprising a ~~hangar~~ hanger.
6. **(Currently Amended)** The low force release mechanism of claim 1, further comprising a ~~hangar~~ hanger that causes the locking of the internal ~~releaes~~ spring activation element.

7. **(Currently Amended)** The low force release mechanism of claim 1, ~~such that~~wherein the internal release activation element ~~employs a spring device~~ comprises a lift spring.
8. **(Currently Amended)** The low force release mechanism of claim 1, ~~such that~~wherein the container is ~~chosen~~selected from ~~the group consisting of~~ bags, boxes, collapsible boxes, and nets.
9. **(Currently Amended)** A low force release mechanism comprising: a main structure[[,]]; a trap[[,]]; an internal spring activation element used to eliminate ordinal setup requirement, wherein the internal spring activation element comprises an internal spring pin, an internal spring, and a release pin; at least one trigger[[,]]; and attachments by which a container is attached to said main structure and trap, wherein ~~the~~an internal geometry of the trap is used to lock and hold ~~the~~a position of said trap[[,]]; a load force is distributed away from the trigger to permit application of a low force for release; and ~~the~~an internal release activation element comprising the release pin and ball bearings or slugs interacts with the geometry of the trap to permit a user to pull on a string attached to a trigger to cause the internal spring activation element to move ~~the~~a position of the container, such that the container collapses releasing its contents.
10. **(New)** The low force release mechanism of claim 1 or claim 9, wherein the load force is distributed to the main structure and to the trap.
11. **(New)** The low force release mechanism of claim 1, wherein the internal release activation element comprises a trap spring.